

**Do you want to know more about your lung condition and how to manage it?**



**BLF Support Group Yate** is your local support group for anyone with a lung condition, including carers, friends and family.

You are very welcome to join us at meetings, featuring guest speakers and refreshments on:

**Third Tuesday of each month**

**at 2.15pm - 3.15pm**

**The Armadillo Café, Yate Town Centre -  
behind the Sports Centre, Kennedy Way  
(opposite to Morrison's), BS37 4DQ**

**For further details please contact:**

**Christine on: 01454 882 151 or**

**07973 637 273**

**Helpline 03000 030 555**  
[blf.org.uk/helpline](http://blf.org.uk/helpline)

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**Organised in aid of the British Lung Foundation**  
Registered charity in England and Wales (326730), Scotland (038415) and the Isle of Man (1177)